



TENA SOLUTIONS FOR MAINTAINING DIGNITY IN DEMENTIA CARE

28 APRIL
2021

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LUNCHTIME
13:00 - 13:45

Learning objectives

- Explore the holistic approach to maintaining dignity in dementia care
- Review the evidence and theories underpinning this approach
- Demonstrate the value of TENA Proskin technology
- Highlight how the TENA product lines support the continence and personal care needs of an individual

What is dignity?

- Dignity is the **right** of a person to be valued and respected for their own sake, and to be treated ethically (Wikipedia)
- State or quality of being worthy of honour or respect
- Dignity is not the same as respect



Dignity in care

- Heart of personalisation
- Treating people as individuals
- Enabling them to maintain the maximum possible level of independence
- Giving them choice and control over their own lives

(Cairns et al, 2013)

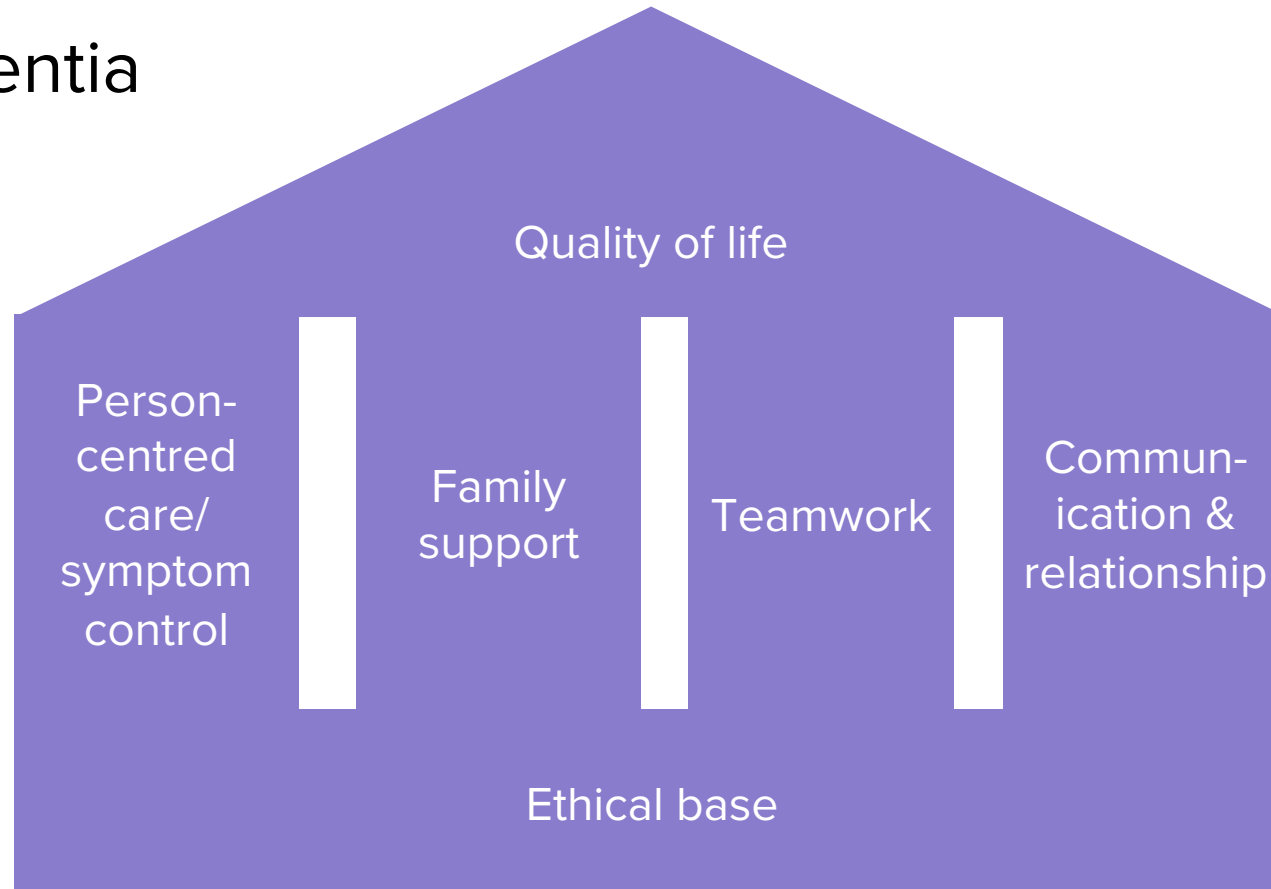


Silviahemmet philosophy

Person with dementia

Care team

Family



Copyright:
Silviahemmet's
dementia care
philosophy

TENA Pants: features and benefits

FeelDry Advanced layer quickly draws the liquid away from the skin maximising control

Fully breathable design with a **fast acting** and **highly absorbent core** helps preserve skin integrity



Familiar look and feel to normal underwear, reducing social-psychological impact

Easy to handle to promote independence

Wetness indicators allow for the product to be changed at the right time

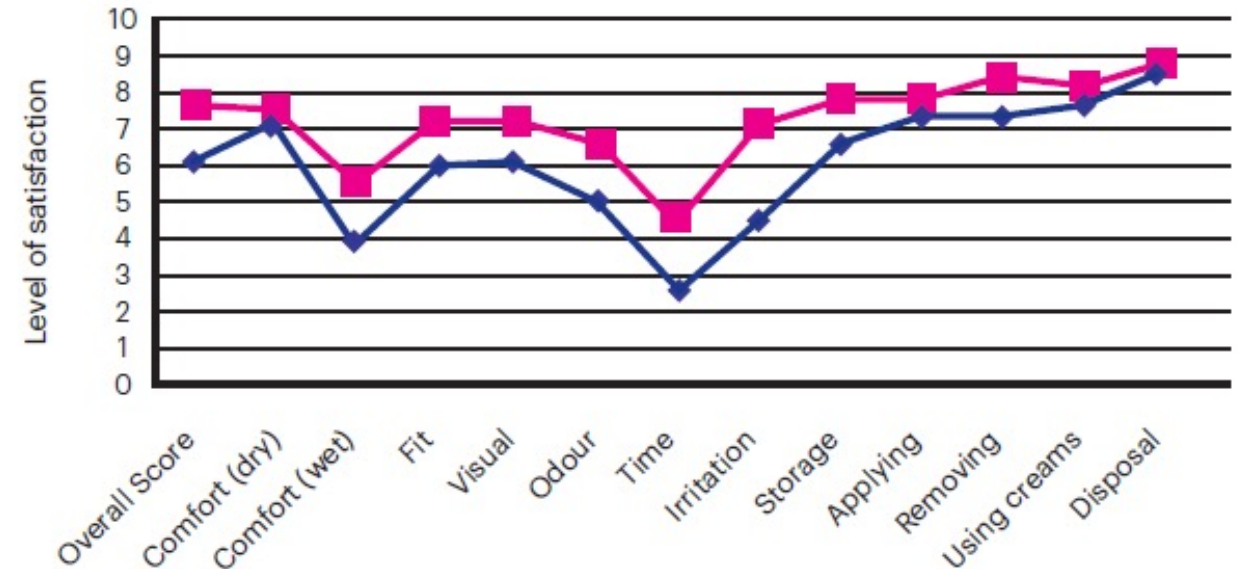
TENA Pants: absorbencies and sizes

	Working Absorbency	Hip Size
TENA Pants Discreet M,L	300ml	80cm – 135cm
TENA Pants Normal S, M, L, XL	400ml – 450ml	65cm – 160cm
TENA Pants Plus XS,S,M,L,XL	600ml - 700ml	50cm – 160cm
TENA Pants Super S,M,L,XL	800ml	65cm – 160cm
TENA Pants Maxi M,L,XL	1050ml	80cm – 160cm



TENA Pants versus pad and net fixation

TENA Pants satisfaction levels were scored higher by carers on every factor, when compared to conventional pad and net fixation



—◆— Pad and Net Fixation
—◆— TENA Pants

An exploration of the experience of using the TENA Pants product compared to usual continence products as perceived by carers of people with dementia in care homes. C Knifton1, K Bell2, W Padley3, and J Brown4 [essity-dmu-study.pdf](#)

TENA ProSkin

Over the years, the three most important principles in maintaining skin health are to keep skin dry, clean and protected



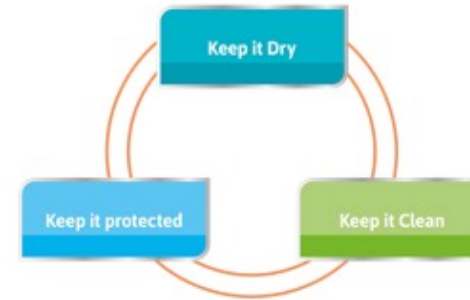
TENA ProSkin triple protection for dryness, softness and leakage security to help maintain natural skin health.



For fast absorption to keep the skin dry to maintain a natural skin balance.



A third-party endorser for an independent dermatological accreditation.



TENA ProSkin skin health solution. Designed to help take care of elderly, fragile skin affected by incontinence.



TENA ProSkin absorbent and skin care products are dermatologically tested and independently verified.

TENA products: how they work



- The main absorbent technology in the product is called SAP (super absorbing polymers). These absorb and 'lock in' liquid



- SAP is interwoven into the Fluff Pulp. This is the white 'cotton-like' substance in the pads. This can also absorb, but it is only minimal compared to the SAP

TENA products: how they work

Before use

The wetness indicator found on TENA products is reliable and easy to see.



After use

When the colour changes from yellow to blue, it is time to change.



A wetness indicator on the back of the products shows when the product is nearing its working capacity

Continence care

Facilitation /
Collaboration

Disempowerment
/ Objectification

Personal care: challenges faced

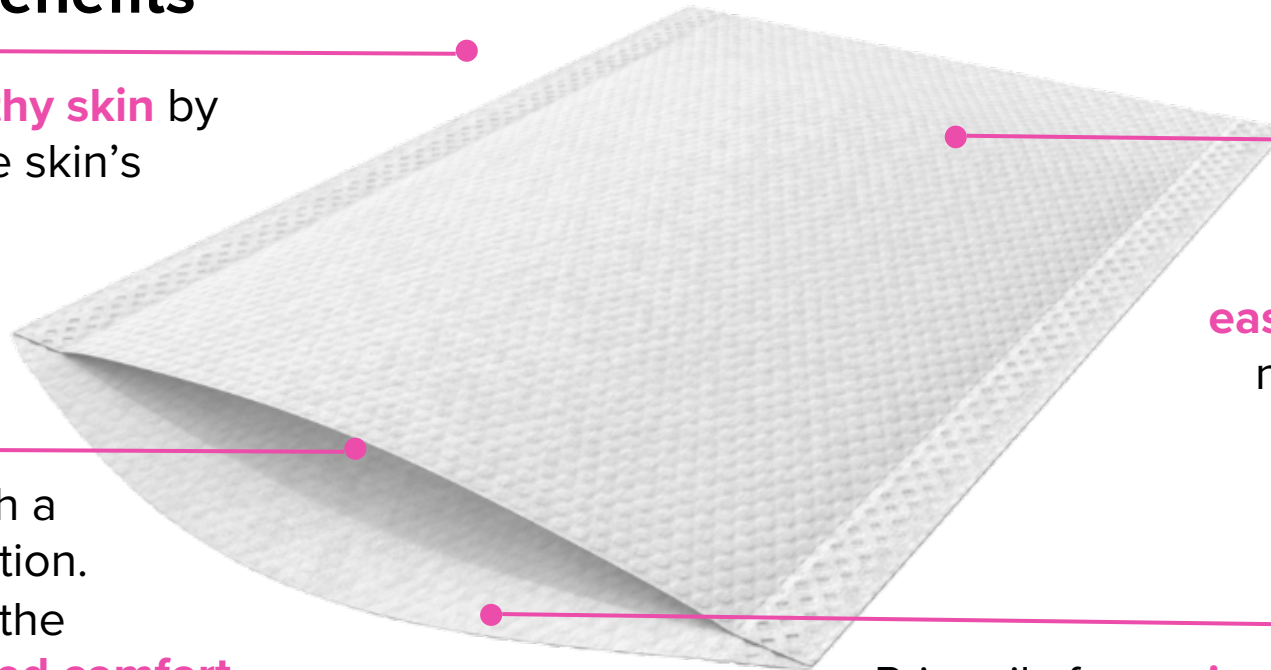
- Bathroom environment
- Pain
- Confusion
- Hydrophobia
- Having clothes removed
- Sounds of water
- Dislike of being cold
- Fear of falling
- Exposure
- Mirrors
- Life story
- Accepting care
- Person delivering care

TENA Wet Wash Gloves

Features and benefits

Supports **healthy skin** by maintaining the skin's **natural pH**

Pre-moistened with a gentle cleansing lotion. Can be warmed in the microwave for **added comfort** for residents



Single-use disposable gloves, are **quick and easy** to use and avoid the need for reusable wash cloths

Primarily for **perineal skin care** when changing absorbent products, but also used for **full body cleansing**

TENA Wet Wash Gloves

Choose the right temperature



Wash the face and upper body



Wash lower body & back



Clean intimate area front to back



It's important to check skin folds are dry



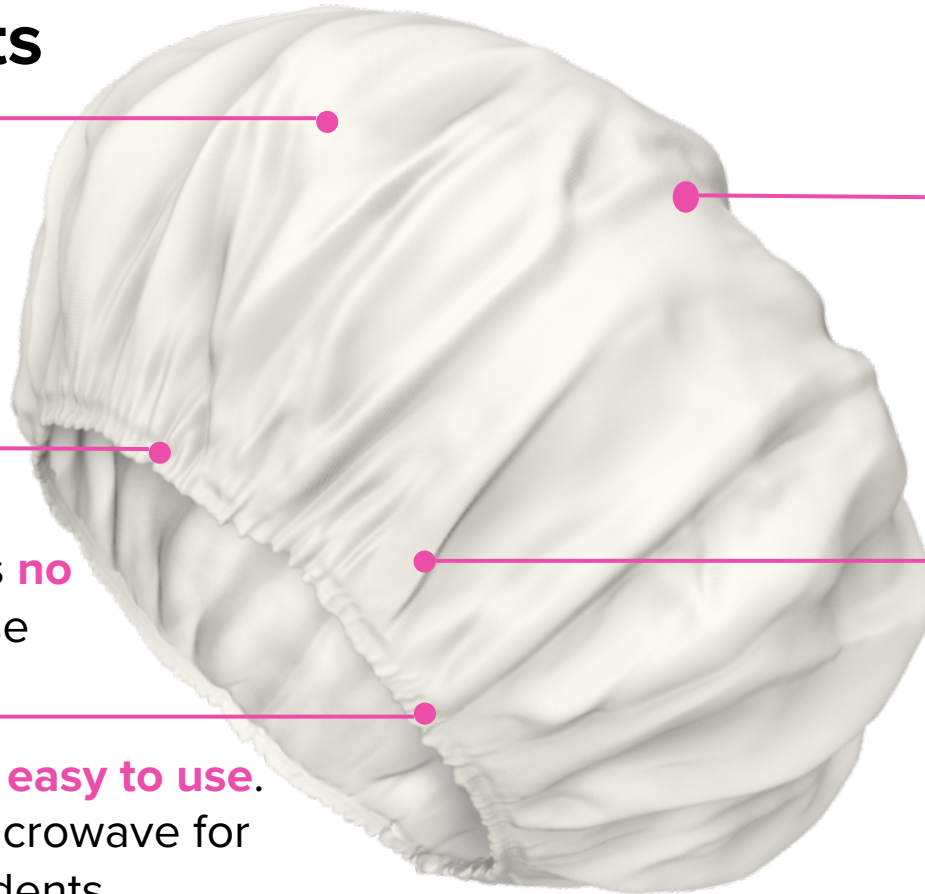
TENA Shampoo Cap

Features and benefits

Allows less mobile people to receive daily, **in-bed hair cleansing**. Also ideal for use between full baths and showers

An efficient alternative to shampoo and water, there is **no need to rinse or dry** after use

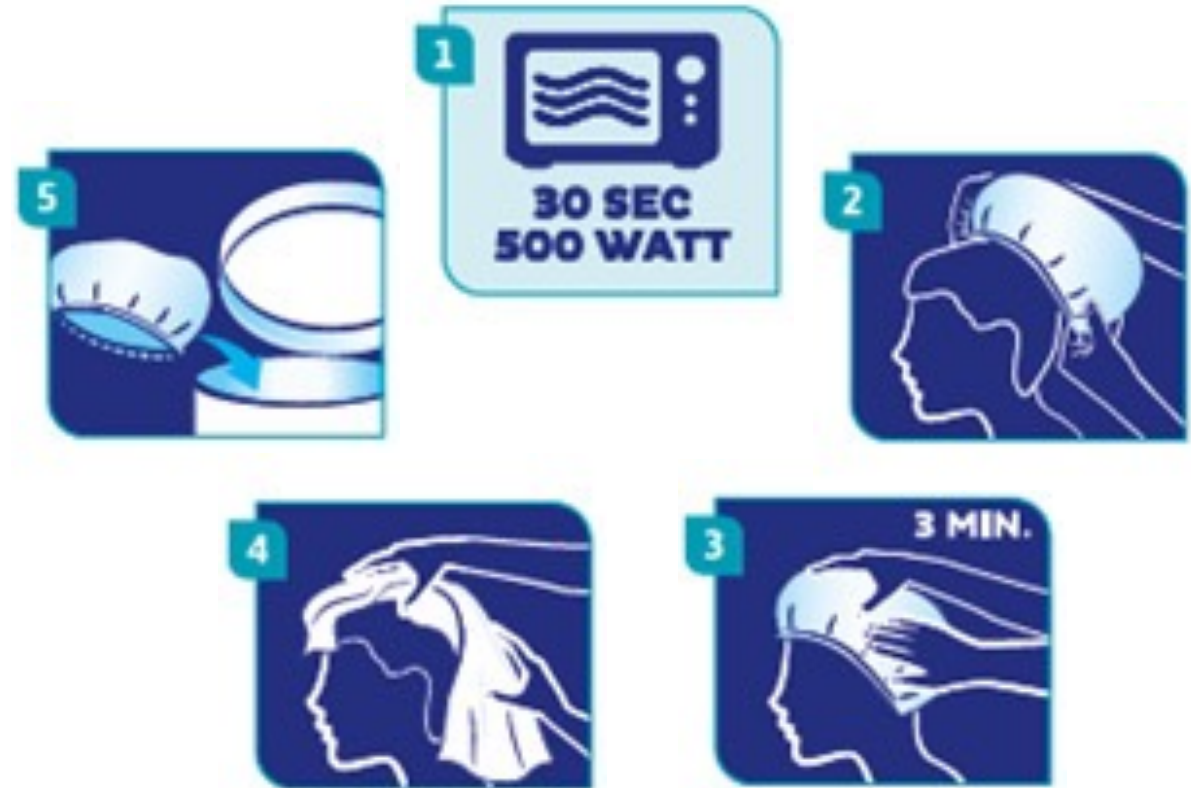
Disposable, quick and easy to use. Can be warmed in a microwave for added comfort for residents



Dermatologically tested. Helps to **maintain scalp's natural pH**. Alcohol and soap-free

Helps to leave the hair feeling **fresh** and smelling **clean**

TENA Shampoo Cap



User feedback

The Shampoo Cap was lovely and easy to use. The resident felt her hair was cleaned after use – smell was 'lush' too

It was lovely how calm it made the resident feel and how happy she was afterwards!



The Shampoo Cap is a nice experience / interaction for both the resident and the carer

The smell of the cap is lovely

Summary

- Explored the holistic approach to maintaining dignity in dementia care
- Demonstrated the value of TENA Proskin technology
- Reviewed the evidence
- Highlighted how the TENA product lines support the continence and personal care needs of an individual

Collaborative working

**Working in
partnership
with NHS**

**Extensive
product
portfolio**

**Achieving
positive
outcomes**

For more information regarding the training support available, please contact either your local Essity representative or email: hcmarketing@essity.com

Personal care sample pack



TENA No-rinse Cleansing Products

TENA Shampoo Cap

The TENA Shampoo Cap is ideal when normal hair washing is challenging or impossible. Pre-moistened with a non-rinse shampoo and conditioner, it fully cleanses the scalp, leaving hair fresh and clean. Ideal for use in care facilities and professional home care environments. Simply apply the cap and with a gentle and caring massage, hair is left clean and conditioned, with a fresh, mild scent.

- Comfortable, soft and strong
- pH balanced and dermatologically tested
- One-size caps for single-use
- Paraben-free gentle cleansing for delicate skin

TENA Wet Wash Glove

Full body cleansing is an important part of daily care routines. The TENA Wet Wash Glove enables a comfortable and convenient cleansing procedure. The glove is impregnated with the optimum amount of the non-rinse cleansing lotion for a caring full body wash. Offers significant advantages over washing routines with soap and water.

- Soft, strong material for extra comfort for individuals
- Size and shape of glove encourages ergonomic washing
- Designed to reduce strain on carers
- Mildly scented, the delicate smell leaves the individual feeling fresh
- Dermatologically tested and paraben free

25% better working postures for care givers.¹

38% of the time spent on every full body wash* is freed up for more rewarding care.²

Contact your Account Contract Manager or email marketing@essity.com for more information about A Shampoo Cap and TENA Wet Wash Glove.

CARE IS BETTER FOR EVERYONE

tena.co.uk

References and resources

Cairns D, Williams V, Victor C, et al (2013) The meaning and importance of dignified care: findings from a survey of health and social care professionals. *BMS Geriatrics* **13(28)**. Available online:

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Mitchell G, Agnelli J () Person-centred care for people with dementia: Kitwood reconsidered. *Nurs Standard* **30(7)**: 46–50. Available online: <https://journals.rcni.com/nursing-standard/personcentred-care-for-people-with-dementia-kitwood-reconsidered-ns.30.7.46.s47>

Silviahemmet Foundation. Available online: <https://www.silviahemmet.se/about-silviahemmet/>

The Skin Health Alliance. Available online: <https://skinhealthalliance.org/>



Download your certificate

www.jcn-live.co.uk/virtual-lunch-meeting