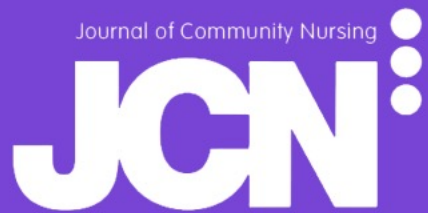


NURSING STUDENTS — THE COMMUNITY AND YOU

**TUESDAY
13 JULY
7.30-8.30**

FACEBOOK LIVE



**SAM
SHERRINGTON**



**LIZ
FENTON**



**CRYSTAL
OLDMAN CBE**

NURSING STUDENTS – THE COMMUNITY AND YOU

LIZ FENTON

HELLO MY NAME IS...



Liz Fenton, Deputy Chief Nurse, Health Education England (MSc, BSc [Hons], RN, QN)

- Joined Health Education England in July 2015 and become HEE's Deputy Chief Nurse in October 2017
- After completing nurse training at King's College Hospital, London, qualified as a registered nurse in 1981
- Held number of clinical and leadership roles in both acute and community settings, including at board level
- Awarded Queen's Nurse title in 2017.

ABOUT HEALTH EDUCATION ENGLAND



- Part of NHS — working with partners to plan, recruit, educate and train the health workforce
- Oversees undergraduate and postgraduate health education and training for around 240,000 students and trainees across 350 different roles, including doctors, nurses, midwives, paramedics, healthcare scientists, pharmacists and physiotherapists
- Planning, transformation and development support to NHS workforce — now and for the future

ABOUT HEALTH EDUCATION ENGLAND



- Works closely with higher education institutions, placement providers and employers
- Collaborates with others at global, national, regional, system and local levels
- Partners with other arm's-length bodies, particularly NHS England and NHS Improvement
- Supports regional and system people boards.

QUALITY OF LEARNING EXPERIENCE



- Critical to develop knowledge, skills and behaviours required to ensure high quality care
- Builds confidence, knowledge and skills
- Attracts newly qualified nurses (NQNs) into roles within our health and care teams
- Influences first choice of career on graduation.

COMMUNITY PLACEMENTS



- A wealth of learning opportunities and experiences
- Learning in a variety of settings and specialisms
- Across all four branches of nursing
- Fantastic to focus on community settings and shine a spotlight on the opportunities available!

NURSING STUDENTS – THE COMMUNITY AND YOU

SAM SHERRINGTON

NURSING STUDENTS – THE COMMUNITY AND YOU



Sam Sherrington

National Head of Community
Nursing
Nursing Directorate
NHS England & NHS Improvement



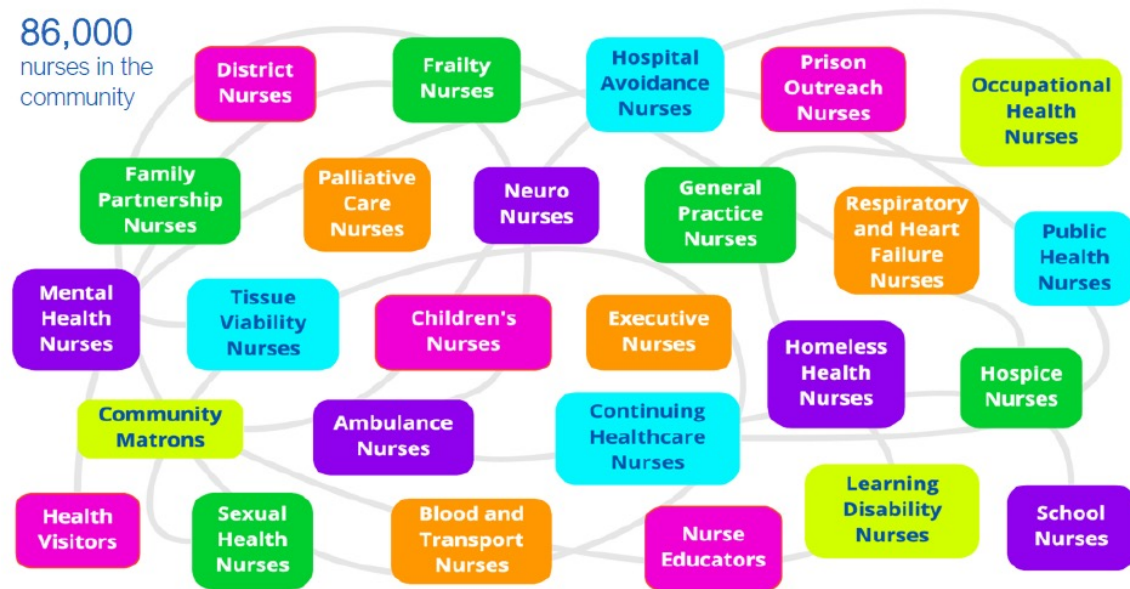
[@SamSherrington](#)

[@teamCNO_](#)

england.communitynursing@nhs.net



86,000
nurses in the
community



PARISH NURSING



Parish nurses are Registered Nurses working through churches & Christian organisations to help people of all faiths and none in congregations and local communities to gain optimal health and wellbeing through education, advice, advocacy, referral and spiritual care



Student placements: Parish Nursing goal to support parish nurses to offer day 'spoke' placements to students, building on what has been possible on a very small scale to date.

"Today I had the pleasure of the company of a student Nurse on her final placement with ****. After a good chat about Parish Nursing and my caseload within the parish we cracked on and did home visits. **** said she found it very interesting and it was such a good opportunity to talk about our work and spread the word to qualifying nurses"

JACKIE WALKER: OFFERING VIRTUAL PLACEMENTS TO NURSING STUDENTS



'The array of information available on the learning platform demonstrated the trust's commitment to the student learning environment and the value we place on our future generation of nurses'

[Virtual clinical placement: when practice-based learning goes online | RCNi](#)



Cambridgeshire and Peterborough
NHS Foundation Trust

197 students
Approx. 1/2 million patient contacts

Neema Young: role of community nurse

"Very knowledgeable in your subject and passionate about your role as a community nurse. You are able to communicate clearly to a group of students in a way that is understandable and gives true insight. Overall though you come across very professionally and your passion is evident. You are also willing to step out and participate in new methods of teaching and facilitation of learning which is much appreciated"



STUDENT FEEDBACK

Students who took part in the placement completed an online survey. This was used to evaluate the learning experience and provide feedback to inform future projects.

Comments

'I felt like I was working in the community. It seemed very real.'

'Definitely made me feel like I want to experience district nursing in a real situation'

'Very good insight into community nursing. Bit overwhelming but good to gain some experience'

'Gave me a really good insight into diabetes care in the community'

'Very good discussion around end of life care, just the right amount of information and content'

'Good way to practise the management skills required in community nursing'

'Great insight into situations that occur in the community'

'Kept me engaged throughout. Very knowledgeable and interesting and I am keen to do further research'



DEBBIE NEWTON: THE MID YORKSHIRE HOSPITALS COMMUNITY STUDENT EXPERIENCE



This was a wonderful placement. Everyone was very accommodating and the team are so friendly. They made me feel at home and comfortable throughout. A fantastic group of healthcare workers who have helped me progress in my learning journey so much. Could not have wished for any better.



“The teams put a lot of effort into supporting the students and making sure they have a good experience so that they want to return to community when they qualify. I am really proud of the way the placements are managed especially considering the last year and the pressure the teams are under in delivering services, it would be easy for them to say they don't have time but the amount of thought and effort that goes into supporting our students is incredible”

This was outstanding, clear and consistent. During my time at placement I have felt extremely welcomed and supported by the team. They have been so helpful and happy to aid my learning by providing me with learning opportunities and resources. My educators have been extremely supportive and understanding throughout my entire placement which is reflected in my final grade

NATIONAL COMMUNITY NURSING PLAN IN DRAFT FOR ENGAGEMENT – JULY 2021



Thread



So I am only months away from being qualified as a nurse 🥰 and I had a job interview and..... I GOT THE JOB 🎉🎉 I am going to be a community nurse 🥰 #dreamjob
@WeStudentNurse
@WeDistrictNurse

20:56 · 06/07/2021 · Twitter for iPhone



I truly believe community placements are an experience like no other the variety, the clinical and inter personal skills utilised daily, triage and prioritisation, interactions with wider MDT and secondary care. I love watching students thrive.

1 6



"A very big thank you to all the District Nursing Teams across ELHT who have been on the frontline from Day One. All face to face visits have continued, and they have continued to provide care in challenging circumstances.

"Our front doors have been their frontline." ❤️



Please get involved in the future of Community Nursing;

- Send your 3 wishes for community nursing for the next 5 years
- Join the Community nursing practitioners network by emailing: england.communitynursing@nhs.net

THANK YOU

"TRY TO BE A
RAINBOW
IN SOMEONE'S
CLOUD."

-MAYA ANGELOU
1928-2014



A CAREER IN THE COMMUNITY

DR CRYSTAL OLDMAN

WELCOME



**A very warm welcome to
the family of nurses working
in the community**

FLORENCE NIGHTINGALE



THE QUEEN'S NURSING INSTITUTE (QNI)



1887 the QNI is established

A CAREER IN THE COMMUNITY



Think about a career in your community

HEALTH VISITING SERVICE



SCHOOL NURSING SERVICE



I ♥ My
School Nurse

COMMUNITY CHILDREN'S NURSES



COMMUNITY LEARNING DISABILITY NURSES



DISTRICT NURSES



GENERAL PRACTICE NURSES



HOMELESS AND INCLUSION HEALTH NURSES



CARE HOME NURSES



CARING FOR PEOPLE AT HOME



CARING FOR PEOPLE AT HOME



Delivering care in all weathers

CARING FOR PEOPLE AT HOME



In every city and town

CARING FOR PEOPLE AT HOME



In every village

TEAM WORKING



Working with a multi-disciplinary team

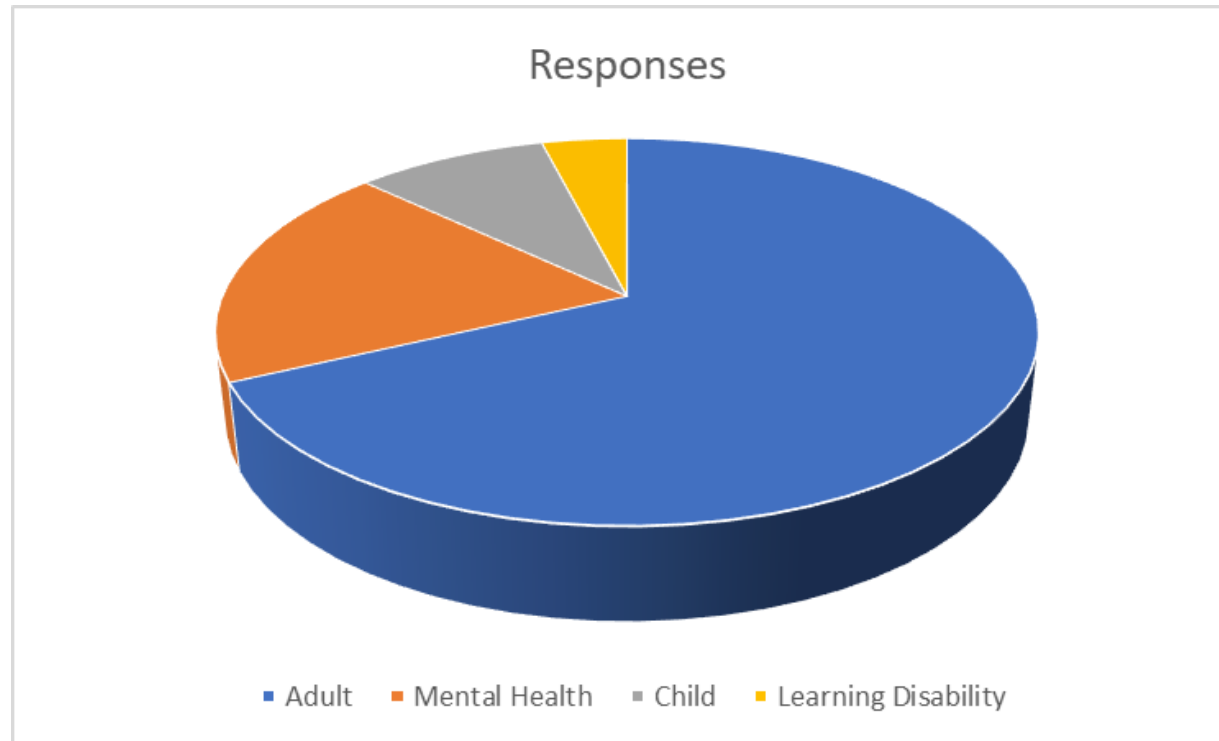
DIGITAL TECHNOLOGY



**Learning and embracing
new ways of working**

HEADLINE FINDINGS ON STUDENT NURSE SURVEY

1000+ students completed the survey



PLACEMENTS

- **Not all students have had a community placement even by year three**
- Far fewer placements in community than the hospital throughout three years of the programme
- District nursing 36%
- General practice nursing 13%
- Care home nursing 11%

- **45% said they would consider a career in the community 😊**
- **34% undecided about a career in the community**
- Remainder would not consider a career in the community
- Role models and great placements in the community

STUDENT RESOURCES ON QNI WEBSITE



A Day in the Life of a NURSE PRACTITIONER

'A Day in the Life of' is a series written by experienced community nurses for student nurses to see what life in the community is like.

Personal details
Name: Sarina Abaim
Job title: Nurse Practitioner, Health Inclusion Team - Vulnerable Adults and Prevention Services
Location: London

1. What's a typical day for you?
A typical day is planning a client case load and a 'to do' list which will change throughout the day. Why does this change? Clients who are homeless often need nursing care which requires a flexible approach with boundaries to ensure their immediate health needs are at the forefront, however at the same time having an opportunistic approach to promote health, making every contact count. A working day in the community is either assessing tough situations on the street or those hidden behind bar shutters within a housing estate. My day also consists of running clinics in a hospital day centre or visiting hotels which have been commissioned to accommodate people experiencing homelessness during the Covid-19 pandemic.

2. What has been your proudest moment in nursing so far?
It is hard to choose the proudest moment in my nursing career. I say this because there have been so many rewarding experiences such as, working amongst multidisciplinary teams saving immediate lives or supporting the dying and those most close to them. Working in the community for the past 15 years has been a privilege, constantly increasing and advancing my knowledge and clinical skills whilst providing care. A key proudest moment is when I became an independent practitioner as I am able to assess, diagnose and treat the patient using advanced skills, working within my professional competence as a nurse practitioner.

3. What skills set would you expect a student nurse to bring to the role of community nursing?
Communication skills both verbal and nonverbal are essential in the community. Knowing the phases of wound healing and applying clinical skills, an understanding of the signs of a skin infection and how this relates to the patient's symptoms and the anatomy and altered physiology of the presenting complaint. Lastly, assessment skills without use of electronic medical devices such as, being able to take blood pressure manually.

4. What do you wish you'd known before you started working in the community?
I wish I had known how big the community was as a whole. This would have helped me network with other departments more effectively. I was also unaware of how many health and professions there were. The only service I knew in district nursing (DN) but there are so many amazing nursing roles who make such a difference (as well as DN).

5. Any advice for aspiring community nurses?
My advice for aspiring community nurses is not to feel you are not capable or you do not have the right experience to enter this amazing specialty. I joined the community from the London A&E departments and was inspired to enter this amazing specialty. I joined the community from the London A&E departments and was inspired to enter this amazing specialty. I joined the community from the London A&E departments and was inspired to enter this amazing specialty.

There is ample good opportunities in the community.

Find out more:
www.qni.org.uk/students



A Day in the Life of an OCCUPATIONAL HEALTH NURSE

'A Day in the Life of' is a series written by experienced community nurses for student nurses to show what working in the community is like.

Personal details
Name: Su Chantry
Job title: Occupational Health Manager at Formula 1 Williams Grand Prix Engineering
Location: Oxfordshire

1. What's a typical day for you?
There is no typical day when nursing in motorsport! I am responsible for the health management of our factory production staff and race team personnel. My predominant role is keeping employees safe and well in the workplace. I manage a small team of staff. I oversee the travel health of all race staff. I work closely with Formula 1 medicine to manage risk and treatment at race events. My work includes travel health risk assessments, Covid testing, immunisations, consent updates and I promote public health in the workplace. In addition to that I manage the responsibilities that come with being a business owner as I own my own independent occupational health business providing health management to a range of small and medium sized organisations. I also write medical legal reports as an occupational health nurse expert in Civil Law cases.

2. What has been your proudest moment in nursing so far?
My proudest moments in my nursing career are setting up my own Ltd company and seeing my business listed in Companies House. Seeing my name on the wing of our racing car. In thank you NHS Ivery. See clip: <https://www.youtube.com/watch?v=ET85CC89wM4>. Being awarded a Queen's Nurse award is a very proud milestone in my career, particularly as I was one of the first cohort of occupational health nurses to receive the award.

3. What skills set would you expect a student nurse to bring to the role of community nursing?
Occupational health is a vital community nursing role. In order to give the best possible care you have to understand all elements of a business, its employees, the work they do and company culture, from the executive to the office staff to the lorry drivers. You have to be able to communicate fluently at all levels and understand what the health needs of that organisation and its employees are. Nursing's general knowledge base is integral to what we do, occupational health nursing draws on all backgrounds, from mental health nursing to acute care. Workplace health is critical, because most people spend most of their life at work. Public health awareness is helpful. Good work is beneficial to health.

4. What do you wish you'd known before you started working in the community?
I wish I had realised I could set up as an independent business in occupational health earlier in my career. The variety of roles in the community is so varied. Think outside the NHS boundaries - there are multiple opportunities in occupational health, NHS, public and private sectors all need workplace health management.

5. Any advice for aspiring community nurses?
Look outside the box. Community nursing is varied and includes nursing the workforce in employment settings - a working population in its own right. Employment is an important factor for health, directly and indirectly making an impact on the individual, their families and communities. Unemployment is associated with an increased risk of mortality and morbidity, including limiting illness, cardiovascular disease, poor mental health, suicide, and health-damaging behaviours. Workplace health is promoting and managing the health and wellbeing of staff and includes managing sickness absence and presenteeism. Workplace health interventions can be managed dynamically in occupational health. The government are exploring an expanded role for occupational health and where it is placed within a broader absence and enterprising service. Ultimately occupational health will be a service that should be available to all, whether they are to be looking into occupational health factors on health. Good health can best be maintained by the provision of healthcare and the impact of social and environmental factors on health. Good health can best be maintained by the provision of healthcare and in society.

Think outside the NHS boundaries.

Find out more:
www.qni.org.uk/students



A Day in the Life of a DISTRICT NURSE

'A Day in the Life of' is a series written by experienced community nurses for student nurses to see what life in the community is like.

Personal details
Name: Gail Goddard
Job title: District Nurse Team Manager/ Practice Supervisor/ Practice Assessor/ Queen's Nurse
Location: London

1. What's a typical day for you?
I am currently working with two Community Nursing Teams (CNT) and with three Newly Qualified Nurses (NQNs). I list semi-retired so work three days a week one day with each of the QNMs. On arrival, I work with the NQN to review the list of patients for that day. We check the patients notes together, work out a plan to complete the visits and think about the care we are expecting to give. I then accompany the NQN on her visits using each visit as a learning opportunity for the NQN to develop a deeper understanding of the care which is needed by the patient, reflecting as we go. This enables the NQN to visit quite complex patients while being supported by an experienced senior nurse. My whole aim is for the NQN to develop and learn, gain confidence and competence and enjoy the experience. I also act as a critical friend to both the NQN and the CNT as I feedback any gaps in learning or care and so have a positive impact on the rest of the team as well.

2. What has been your proudest moment in nursing so far?
My proudest moment was being awarded the QN title in 2013. This has opened my world literally and given me so many opportunities to develop and to use my voice to speak up for community nursing. As a result, I am a steering group member of the RCN District and Community Nursing forum and take an active role in work of the QNI e.g. this project and The Expert Nurses group for Long Covid.


3. What skills set would you expect a student nurse to bring to the role of community nursing?
As most of the students we have are second year student nurses who have never experienced community nursing before I would not necessarily expect them to have appropriate clinical skills. What I would expect to see is a willingness to learn and take advantage of every opportunity offered to them using their soft skills of communication, caring, compassion and reflection to get the most out of their placement.

4. What do you wish you'd known before you started working in the community?
I wish I had known how complex and varied community nursing is. Just what a specialist it is. How privileged we are to be welcomed into people's homes and lives at the best and worst of times. I would have liked sat navs to be available when I started 31 years ago as that would have helped a lot as well.

5. Any advice for aspiring community nurses?
Do it. Be courageous and take the leap. It was the best decision I ever made and have not looked back. You can do it. Be courageous and take the leap. It was the best decision I ever made and have not looked back. You can do it. Be courageous and take the leap. It was the best decision I ever made and have not looked back. You can do it.

Do it. Be courageous take the leap. It was the best decision I ever made.

Find out more:
www.qni.org.uk/students



A Day in the Life of a PRACTICE NURSE

'A Day in the Life of' is a series written by experienced community nurses for student nurses to show what working in the community is like.

Personal details
Name: Lorraine Clarke
Job title: Specialist Practitioner
Location: West Midlands

1. What's a typical day for you?
A typical day starts at 8.20 with daily immunisation fridge checks, looking at my scheduled appointments and checking any blood results tasked to me. The first patient arrives at 8.45 with the morning clinic scheduled to finish around 12 during which I can have a mix of face to face or telephone consultations. As the senior nurse managing a lot of long term conditions, my morning mainly involves seeing patients with Type 2 Diabetes, providing essential care, phlebotomy, discussing recent blood results or stepping up treatment. Before the afternoon session, there may be telephone consultations or dressings to perform. Lunch is usually spent catching up with emails or training. The afternoon session may be a mix of asthma reviews, cervical screening or BP checks and tends to finish around 5pm. Practice nursing is a varied role where anything can walk through the door.

2. What has been your proudest moment in nursing so far?
Becoming a Queen's Nurse in 2018. This was a humbling experience where I had to ask patients to provide a reference explaining why they felt I deserved to be a Queen's Nurse as well as having to explain myself why I was a suitable candidate. For someone who is not comfortable accepting praise this was very difficult to do. Attending the ceremony in London was fantastic, spending time with a diverse range of nurses and getting to see what the QNI has been doing across the country.

3. What skills set would you expect a student nurse to bring to the role of community nursing?
Firstly, a basic understanding of what the Practice Nurse role is and how GP land works including where it sits within the NHS as its very different to hospital nursing. Secondly, some basic nursing skills which can be built on during their time within our setting. An ability to communicate on a one to one basis with nursing colleagues and patients. Practice Nursing is a specialty in its own right where interacting with a wide range of people is vital in the development of this unique relationship.

4. What do you wish you'd known before you started working in the community?
EVERYTHING! I came from a background of 10 years of gynae ward nursing so walking into GP surgery where anything could walk in was very scary. It was a huge learning curve for me having to learn new skills such as phlebotomy and cervical smears as well as 'common' conditions such as Diabetes, asthma and COPD. However, as the years rolled on (I've been a Practice Nurse for 20 years), I have undertaken diplomas and a specialist practitioner degree as well as completing the independent Prescribing qualification and love every minute of my job.

5. Any advice for aspiring community nurses?
Jump on board... You'll love it. If you are interested, get a placement in a GP practice to see what we do. My experience is some university lecturers are unsure of our role and often do not see it as a viable option for the newly qualified. Practice nursing is a fantastic opportunity with many funded university courses available to help you develop the new skills required and many fantastic mentors available to support you. It offers a different type of nursing, in a different setting, caring for patients from birth to end of life with a variety of conditions who in the main are 'new' when they come to see you.

Jump on board... You'll love it!

Find out more:
www.qni.org.uk/students

STUDENT RESOURCES ON QNI WEBSITE

How do you become a DISTRICT NURSE?

There are a number of pathways to become a District Nurse. Follow the steps below to get started.

First steps

First step is to access websites that will provide you with detailed information on the role of the DN:
 The QNI: www.qni.org.uk (Transition to Community Nursing Resource); Health Careers: www.health.careers.nhs.uk; Step into the NHS: www.stepintothens.nhs.uk; NMC: www.nmc.org.uk; Apprenticeship: www.findapprenticeshiptraining.apprenticeships.education.gov.uk; Royal College of Nursing: www.rcn.org.uk

Qualifications

What qualifications are required to become a District Nurse?
 - Must be a registered nurse on Part 1 of the NMC Register:
www.nmc.org.uk/registration/

Top tips

- Make contact with the local Primary Care Network/ District Nursing Team
- Email, telephone the District Nurse team at your local surgery or contact the Primary Care Trust
- Ask to meet them to discuss the District Nurse role. Ask if it is possible to shadow a DN.

Other sources

Other sources of support and advice

- Contact your local University to find out about the District Nurse Specialist Qualification programme
- Ask to speak and meet the District Nurse academic lead at the University and ask if possible to speak to a District Nurse student when you visit the University

Career

What are the career opportunities?

- Becoming a District Nurse Team Leader
- Becoming a District Nurse Programme Practice Assessor
- Become an Independent Prescriber
- Work towards a Specialist Role in the Community – such as Palliative Care Lead, Respiratory Care Lead
- Become involved with commissioning of community services
- Work towards becoming a Director of Community Nursing



How do you become a GENERAL PRACTICE NURSE?

There are a number of pathways to become a General Practice Nurse (GPN). Follow the steps below to get started.

First steps

Visit websites that provide detailed information on the role of the GPN:

- e.g. www.qni.org.uk/resources/7a0w-general-practice
- www.gpnen.org.uk
- www.rcgp.org.uk/policy/rcgp-policy-areas/nursing.aspx

Make contact

Make contact with a local practice:

- Email / phone / write to Practice Manager or GPN and ask to meet / shadow them + whether they know of any available GPN posts
- visit your CCG website

Posts

Find out where posts are advertised:


- e.g. local paper, NHS jobs website; LMC jobs website; local training hubs; local GPN conferences and events

Other sources

Other sources of support advice and career opportunities:

- e.g. HEE GPN national careers
- NHSE Health careers
- HEE Advanced Clinical Practice
- Portfolio career

Find out more:
www.qni.org.uk



STUDENT RESOURCES ON QNI WEBSITE



STUDENT NURSE  **MythBusters** 

#1 You need acute/surgical/medical experience on a ward before

No you don't. All the experience you need is gained in a community setting as patients are being discharged so much quicker and therefore gaining this acute/surgical/medical experience in the home and care settings. You will only need your nursing qualification.

Find out more: www.qni.org.uk/students

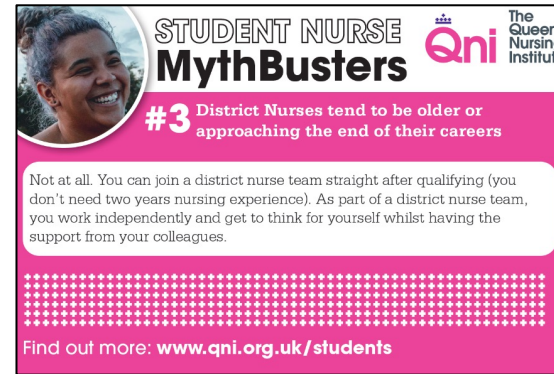




STUDENT NURSE  **MythBusters** 

#2 You need more qualifications as a General Practice Nurse

GP nursing is very specific but you will learn all the skills you need on the job! You don't need anything other than your nursing degree to apply for a GP nursing post.

Find out more: www.qni.org.uk/students

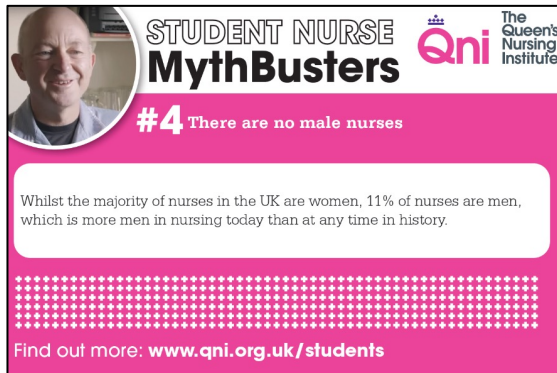




STUDENT NURSE  **MythBusters** 

#3 District Nurses tend to be older or approaching the end of their careers

Not at all. You can join a district nurse team straight after qualifying (you don't need two years nursing experience). As part of a district nurse team, you work independently and get to think for yourself whilst having the support from your colleagues.

Find out more: www.qni.org.uk/students



STUDENT NURSE  **MythBusters** 

#4 There are no male nurses

Whilst the majority of nurses in the UK are women, 11% of nurses are men, which is more men in nursing today than at any time in history.

Find out more: www.qni.org.uk/students



STUDENT NURSE  **MythBusters** 

#5 School nurses mostly give out plasters and cough mixture

Many people don't realise how much a school nurse actually does. School nurses often look after students with complex medical needs, such as diabetes. They are also involved in health promotion, screening, safeguarding as well as immunisations.

Find out more: www.qni.org.uk/students



STUDENT NURSE  **MythBusters** 

#6 Health visitors just weigh babies

Not true. Health visitors work with families to improve the health of both children and their families; they also give advice and support on improving parenting skills as well as healthy eating and accident prevention.

Find out more: www.qni.org.uk/students

STUDENT RESOURCES ON QNI WEBSITE



Film: Nursing in the
community



THANK YOU

www.qni.org.uk

mail@qni.org.uk

www.qni.org.uk/students

 **@CrystalOldman**

 **@TheQNI**

 **The QNI**

F
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